

# Carers Week Activity in Lincolnshire 14th – 20th June 2010 Carers – ‘A Life of my Own’

Day	Activity	Venue	Time	Organisations attending	Contact
14th June 2010	<b>‘Meet the Carers team day’</b> There is a free raffle, guided relaxation; aromatherapy, Indian head massagers, reflexology, information on tele care and a meeting to greet the carer’s team, there will be coffee and cakes.	Community Hall, Selwood Gardens, Horncastle.	10am – 2pm	Carers Team	Mark Gilroy 01522 782224
	<b>Tea Dance (Alzheimers Society)</b>	Market Deeping Community Centre	2pm - 4pm	Alzheimers Deeping, Stamford and Bourne Support Group	Kate Marshall 01778 440153
	<b>Carers Connect Promotional Event</b> – Come and meet the Carers connect team to find out more about the Carers Centre, our Specialist Benefits Advisor, Carers Discount Scheme, EELL’s and Carers Group Grants. East Lindsey and Boston	Skegness Library Spilsby Library	9.30-12 1pm-4pm	Carers Connect	Jenny Gammon 01522 812 830
	<b>Carers Information Stand</b>	Sainsburys, Spalding	From 9am	Carers and Lincolnshire Parent Carers Council	Coralie 07779456627
15th June 2010	<b>ADHD and General Behaviour management workshop</b> Supporting those who care for a child with ADHD and or challenging behaviours	St Giles community Centre Lincoln	9am - 11.50am	Lincoln ADHD Support Group	Sarah Arkerman 07809464887
	<b>‘Meet the Carers team day’</b> There is a free raffle, guided relaxation; aromatherapy, Indian head massagers, reflexology, information on tele care and a meeting to greet the carer’s team, there will be coffee and cakes	The Ruby Hunt Centre, Spalding	10am – 2pm	Carers Team	Mark Gilroy 01522 782224
	<b>Display stand in Macmillan Cancer Information and Support Centre</b>	Outpatient Dept Entrance, Lincoln County Hospital Greetwell Road. Lincoln. LN2 5QY	10am – 2pm	Macmillan Cancer	Bev Gambles 01522 573799
	<b>Display stand in Macmillan Cancer Information and Support Centre</b>	Outpatient Dept Entrance Grantham and District Hospital	10am – 2pm	Macmillan Cancer	Jenny Wilson 01476 464978
	<b>Display stand in Macmillan Cancer Information and Support Centre</b>	Main Entrance, Pilgrim Hospital, Boston.	10am – 2pm	Macmillan Cancer	Fran Sharp 01205 446392
	<b>Parents and Carers get together</b> To celebrate Carers week we are holding a one off informal drop in for Parents of children with disabilities and additional needs. Find out what’s happening for children with disabilities and their families in your area. Meet other parents and carers affected by additional needs/disability in their families. Refreshments included	Stamford Children’s Centre Bluecoat School Green Lane, Stamford PE9 1HE	11:30 – 1pm	Lincolnshire Parent Carers Council	Coralie on 0777 945 6627
<b>Carers Connect Promotional Event</b> – Come and meet the Carers Connect team to find out more about the Carers Centre, our Specialist Benefits Advisor, Carers Discount Scheme, EELL’s and Carers Group Grants. South Kesteven	Isaac Newton Centre, Grantham	9am – 3pm	Carers Connect	Jenny Gammon 01522 812 830	
16th June 2010	<b>Garden visit with Tea and cakes (Alzheimers Society)</b>	Grimsthorpe Castle.	2pm- 4pm	Deeping, Stamford and Bourne Support Group	Kate Marshall 01778 440153
	<b>Parents and Carers get together</b> To celebrate Carers week we are holding a one off informal drop in for Parents of children with disabilities and additional needs. Find out what’s happening for children with disabilities and their families in your area. Refreshments Included.	Children’s Centre Kilwell Road Market Rasen LN8 3JB	12 – 1:30pm	Lincolnshire Parent Carers Council	Coralie 07779456627

Day	Activity	Venue	Time	Organisations attending	Contact
16th June 2010 Cont.	<b>Open day for siblings and Carers, After school and play days, Fathers day raffle</b> Meet other parents and carers affected by additional needs/disability in their families. Refreshments included	Outer Circle Road Lincoln LN2 4HX	10am – 5pm	STRUT	Eugenia Pryor 01522 527292
	<b>Carers Connect Promotional Event</b> – Come and meet the Carers connect team to find out more about the Carers Centre, our Specialist Benefits Advisor, Carers Discount Scheme, EELL's and Carers Group Grants	The Source, Sleaford	10am-2pm	Carers Connect	Jenny Gammon 01522 812 830
	<b>Coffee morning</b>	Ingelow Manor	10am-12pm	Ingelow Manor	Audrey Maddison 01205 363954
17th June 2010	<b>'Meet the Carers team day'</b> There is a free raffle, guided relaxation; aromatherapy, Indian head massagers, reflexology, information on tele care and a meeting to greet the carer's team, there will be coffee and cakes	Guildhall Arts Centre, Grantham	10am – 2pm	Carers Team	Mark Gilroy 01522 782224
	<b>Display stand in Macmillan Cancer Information and Support Centre</b>	Outpatient Entrance corridor, Grantham and District Hospital.	10am – 2pm	Macmillan Cancer information and support service.	Jenny Wilson 01476 464978
	<b>Singing for the brain (Alheimers Society)</b>	Market Deeping Community Centre	2.00 – 4.00pm	Deeping, Stamford and Bourne Support Group	Kate Marshall 01778 440153
	<b>Carers Connect Promotional Event – South Holland</b> – Come and meet the Carers connect team to find out more about the Carers Centre, our Specialist Benefits Advisor, Carers Discount Scheme, EELL's and Carers Group Grants	Spalding Library	9am -2pm	Carers Connect	Jenny Gammon 01522 812 830
<b>Rethink Carers Conference</b> If you care for someone with mental ill health then come along to the day and listen to speakers in the morning and sample some therapies in the afternoon. To book a place contact Marion Christopher.	The New Life Conference Centre Mareham Lane Sleaford NG34 7JP	9am- 4:30pm	Rethink in partnership with Lincolnshire Partnership NHS Foundation Trust	Marion Christopher on 01529 222271 marion.christopher@lpt.nhs.uk	
18th June 2010	<b>Pampering session for carers</b>	Age Concern Lincoln Park Street Activity Centre.	12pm – 4pm	Age Concern	Age Concern 01522 812830
	<b>'Meet the Carers team day'</b> There is a free raffle, guided relaxation; aromatherapy, Indian head massagers, reflexology, information on tele care and a meeting to greet the carer's team, there will be coffee and cakes	Park Street Lincoln	12pm – 4pm	Carers Team	Mark Gilroy 01522 782224
	<b>Carers Connect Carers Day</b> - Come and meet the Carers connect team to find out more about the Carers Centre, our Specialist Benefits Advisor, Carers Discount Scheme, EELL's and Carers Group Grants	Age UK, Park Street, Lincoln Waterside Centre Lincoln	12pm- 4pm 9am-11am	Carers Connect Carers Team	Jenny Gammon 01522 812 830
19th June 2010	<b>Coastal Carers Fun Day! Free event</b> Card making, New age curling, ballroom/sequence dancing, hand massage, Indian head massage Hairdressing and makeovers, Outdoor bowls, One Arm Bandit, Organ recital, Blast from the Past, Tennyson Tappers, Karaoke, Artists, Nintendo Wii, , Face painting, Punch & Judy, FUNK and REAL bus Food 4 Life demonstration and more..... With lots of information to share!!!! Everyone welcome – come and have some fun!!!!!! It's free.	Marisco Medical Practice, Stanley Avenue, Mablethorpe	10am-3pm	Marisco Medical Practice, East Lindsey District Council, Lincs County Council, Lincs Carers Partnerships, Action for Young Carers, Carers Connect, Linkage Community Trust Voluntary Action East Lindsey, The Blind Society, Alzheimer's Society, W.I., Age Concern, EPOC, Sure Start, Libraries, Neighbourhood Management, Town Council	Debby Prince 01507 329567